

NEWSLETTER

December 2024

CEO'S CORNER

A Year of Growth and Gratitude: Reflecting on 2024 at Flower Foundation

2024 has been a year of significant change and progress for Flower Foundation. As the newly appointed CEO, following the departure of Gert Coetzee, I am humbled and grateful to be a part of this incredible organisation. Starting the year, I never imagined I would be here today, and for this opportunity, I am deeply thankful.

My journey to this role began whilst working at The Living Link NPO for 14 years. The organisation is dedicated to empowering intellectually disabled and learning challenged adults. The experience I gained there cemented my passion for working in organisations focused on care and support, and I am proud to bring that commitment to Flower Foundation.

Since starting at the beginning of November, I've had the privilege of meeting many of the village residents and I have been deeply moved by the warm welcome I've received at each village. I look forward to meeting even more residents in the future and working alongside all of you to continue building on the strong foundation that defines the Flower Foundations community.



Celebrating Success and Growth

This year has been a successful one for Flower Foundation, and we owe our heartfelt thanks to the residents, staff, and family members who have contributed to our achievements. Together, we've seen growth in occupancy with new residents joining our villages and enriching our community.

Occupancy has improved at Silver Stream and Kensington Gardens Villages, while Elm Park remains at full capacity. Waverley Gardens Memory Care continues to thrive with strong occupancy reflecting the trust placed in Flower Foundations specialised care.

We also welcomed back Matron Colleen Winfield to Pioneer House, succeeding Matron Karin Coetzee. Matron Colleen brings extensive experience in elderly care having previously served as Matron at Silver Stream and Elm Park. Matron Colleen's return is a testament to the depth of expertise within the Flower Foundation team, and we are thrilled to have her back in this vital role.

Looking Ahead

As we reflect on the successes of the past year, I am excited about what lies ahead for Flower Foundation. Together, with the support and dedication of our entire community, we will continue to grow, and ensure that *"It's a good life"* remains at the heart of everything we do.

Here's to a future filled with new opportunities, strengthened connections, and continued success for our residents, staff, and families. Thank you for making Flower Foundation the special place it is today.

A WARM WELCOME: Our New CEO Connects with the Flower Foundation Community

Our new CEO, Stanley Bawden, officially joined the Flower Foundation on the 1st of November, and without missing a beat, he set off to meet the residents across our villages. Warmly welcomed at every stop, Stanley enjoyed delightful conversations over tea and cake, making meaningful connections with residents.

In several villages, he encountered familiar faces, including old friends and even parents of lifelong companions. The atmosphere was filled with laughter and shared memories, with some lighthearted promises to keep a few secrets from his youth under wraps!

Stanley's visits have set the tone for his leadership—a commitment to fostering strong relationships and celebrating the vibrant community spirit that makes Flower Foundation truly special.



MANAGEMENT BOARD NEWS

Mr. Graham Cox is stepping down from his position on the Flower Foundation Management Board after serving as a member since 2019. We would like to express our sincere gratitude to Graham for his dedication and expertise throughout his tenure.

Meet our new Board Members

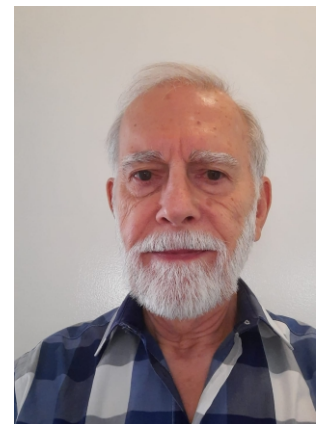
Almari Meyer was officially appointed to the Flower Foundation Board at the Annual General Meeting on August 15, 2024. With extensive experience in learning and organisational development, Almari is passionate about empowering individuals and teams to reach their full potential.



During her time at Nedbank, she led key initiatives in leadership development, team dynamics, and recruitment enhancement. Since 2015, she has focused on family, supporting her mother during illness, contributing to her daughter's education, and managing her husband's legal practice.

We are delighted to have Almari's expertise and dedication on the Board, and we look forward to her contributions.

We're excited to welcome Phil Atkins to the Flower Foundation Management Board, co-opted on 28th November 2024.



Phil, originally from the UK, moved to South Africa in 1974 to work on the Coal Line's railway signaling system. He later transitioned to accounting software development and has been self-employed for over two decades, offering remote support to semi-government entities.

A Kensington resident since 1983, Phil has been involved with Flower Foundation since the late 1990s and moved into Kensington Gardens in April 2024, he is a passionate volunteer, contributing to initiatives like the Rhodes Park Spring Fair.

We look forward to Phil's valuable contributions to the Board. Welcome, Phil!

THE MORAY FRANZ AWARD

The Moray Franz Award is an annual award given at the Flower Foundation Annual General Meeting to honour individuals who have selflessly dedicated their time and effort to assist residents and contribute meaningfully to the life and activities within our villages. This prestigious award celebrates those who embody the values of community, care, and commitment.

This year, we were privileged to recognise not one but two outstanding recipients whose contributions to Witpoortjie and Zonneveld Retirement Villages have been exceptional. Their dedication to making a difference has left a lasting impact, and we are delighted to celebrate their achievements.



The 2024 Moray Franz Award Recipients

Johannes van der Mescht

Johannes has been a resident of Witpoortjie Retirement Village since 2019. With over 40 years of experience in the petrol and chemical industry, he has developed an unmatched passion for maintenance and hands-on problem-solving. Johannes has generously applied his expertise to the betterment of the village, taking on projects that improve the environment and enhance residents' daily lives. When not lending a helping hand, he enjoys the tranquility of fishing and the thrill of motor racing.

Johan Visagie

Johan joined the Witpoortjie Retirement Village community in 2020, continuing a family legacy as his parents lived there for 16 years before their passing. With more than 30 years in the logistics field, Johan brings a unique perspective to his work within the village. His dedication to fostering a sense of community is matched by his fascinating past as a professional wrestler for over two decades. Outside of his service to the village, Johan also finds joy in fishing, a passion he shares with many in the community.

We extend our heartfelt gratitude and congratulations to Johannes and Johan for their inspiring commitment. Their contributions are a testament to the power of community spirit and selflessness, and we are proud to honour them as role models within the Flower Foundation family.



CELEBRATING DEDICATION: The Long Service Awards At Flower Foundation

At Flower Foundation, we take great pride in recognising the commitment and loyalty of our staff, who dedicate their time, skills, and hearts to creating a thriving community for our residents. This year's Long Service Awards ceremony was a heartwarming occasion to honour those who have been instrumental in upholding our mission and values over the years.

The Awards celebrated staff members who reached significant milestones in their careers, ranging from 5 years to an incredible 30 years or more of service. Each honoree has played a vital role in shaping the welcoming, supportive environment that defines Flower Foundation.

The event was a blend of gratitude and celebration, where staff, residents, and board members gathered to applaud the exceptional dedication of our team. Speeches from Management highlighted the impact of these long-serving contributions, sharing personal anecdotes and reflections on how these individuals have positively influenced the lives of residents and colleagues alike.

From caregiving to administration, maintenance, and management, every role within Flower Foundation is essential to the seamless operation of our villages. These awards remind us that it is the people behind the scenes, working tirelessly day in and day out, who make the Flower Foundation such a special place.



A DAY OF FUN AND FAMILY: Flower Foundation Hosts First Staff Family Fun Day

This year marked a special occasion for the Flower Foundation team as we hosted our first-ever Family Fun Day, dedicated to celebrating our incredible staff and their loved ones. The event was all about community, connection, and creating joyful memories together.

Staff members had the chance to relax and socialise in a festive atmosphere, while the children were spoiled with an array of fun activities that kept them entertained all day long. From running around laughing to diving into exciting games, the little ones truly had the time of their lives.

Of course, no celebration is complete without delicious treats, and there was no shortage here! From slush puppies and popcorn to ice cream and fluffy candy floss, everyone indulged in sweet delights that added to the magic of the day. It was a day filled with laughter, bonding, and unforgettable moments.

The Family Fun Day was a heartfelt way to show appreciation for our staff and their families, and it's safe to say memories were made that will be cherished for years to come.



LIVING THE GOOD LIFE: Joy, Connection, and Creativity at Flower Foundation

At Flower Foundation, “It’s a good life” is more than just a motto—it’s the heart of our community. Our residents embrace this philosophy, filling their days with joy, purpose, and meaningful connections. Whether spending time with loved ones, forming close bonds with fellow residents, or savoring life’s simple pleasures, every moment here is special and fulfilling.

Boredom and loneliness are replaced with vibrant engagement. Residents are encouraged to explore passions, revisit hobbies, and create lasting memories in an environment that celebrates togetherness and individuality.

Activities That Enrich Every Day

Our villages offer a wide range of activities designed to spark creativity, connection, and relaxation. From sharing a bottle of sherry during cozy gatherings to crafting beadwork or painting at sip-and-paint nights, there’s something for everyone.

Independent residents help shape their social calendar through activity committees, organising events and outings to match their interests. In Frail Care, activities tailored by our Occupational Therapist support cognitive awareness and well-being. Residents can also enjoy group exercise classes, gardening clubs, live musical performances, or exciting outings to cultural landmarks, theaters, and scenic spots—ensuring there’s always something new to experience.

A Community Built on Connections

Each activity is more than just an event, it’s a chance to connect, share laughter, and build friendships. From the thrill of learning something new to the comfort of cherished routines, every moment strengthens the bonds of our community.

For some, it’s painting their first masterpiece or crafting with friends. For others, it’s the joy of tea with neighbours or a shared laugh. Big or small, these moments create lasting memories.

A Place Where Memories Are Made

At Flower Foundation, activities are the heartbeat of community life. They celebrate individuality, foster unity, and nurture a sense of belonging. Whether it’s pride in a creative project or the joy of connection, these moments become cherished memories. Life at Flower Foundation is about living fully, embracing relationships, and celebrating each day. It’s truly a good life.



MAXHAVEN VILLAGE



WILLOWBROOK



WITPOORTJIE / ZONNEVELD



ELM PARK



“ Getting old is like climbing a mountain; you get a little out of breath, but the view is much better. ”
- Ingrid Bergman

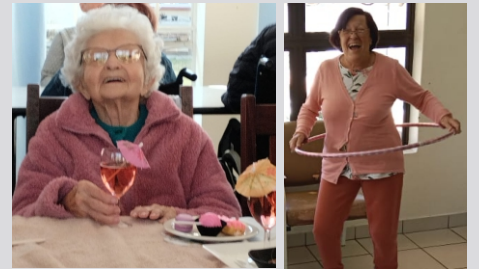
KENSINGTON GARDENS



SILVER STREAM



PIONEER HOUSE



“ Aging is an extraordinary process where you become the person you always should have been. ”
- David Bowie

DID YOU KNOW? DISCOUNTS AND SPECIAL RATES JUST FOR OUR RESIDENTS!

At Flower Foundation, we are deeply committed to ensuring the financial, physical, and emotional well-being of all our Residents. We understand the importance of creating a supportive and caring environment where you feel secure and valued. To uphold this commitment, we have introduced several measures designed to offer financial relief and added peace of mind for our Residents:

- **Discounts on Advanced Levy Payments**

Planning ahead pays off! Whether you live in one of our Independent cottages or reside in a Care Centre, you can enjoy meaningful discounts when you choose to pay your levies in advance. This benefit is designed to offer financial flexibility and reward your forward planning.

- **Tenancy Right Retention Discounts**

We understand that transitioning from Independent Living to a Care facility can be a significant change. That’s why we ensure this move comes with financial ease. When you transfer from an Independent cottage to one of our Care Centres:

- No Life Right fees will be payable.
- You can seamlessly transfer your Tenancy Right repayment into your Care Levy account, and on top of that, you’ll receive a 10% discount on your monthly Care Levy.

- **Temporary Care Centre Stays for Recovery**

Sometimes, we all need a little extra care. Whether recovering from an illness or surgery, our Residents can take advantage of special discounted rates for temporary stays in our Care Centres. As an added benefit, the first seven days of recovery care are completely FREE, giving you the support you need without added financial strain.

Village	Contact No.	Care Type	Day 1 - 7	Day 8 - 30	Thereafter
Elm Park	011 476 1014	Frail Care	Free	R900	R1,010
Silver Stream	011 792 6854	Frail Care	Free	R850	R950
Witpoortjie	011 762 8284	Frail Care	Free	R520	R580
Waverley Gardens Memory Care	011 887 9881	Dementia Care	Free	R980	R1,090
Pioneer House	011 728 7277	Frail Care	Free	R770	R860

Prices are reviewed in April

At Flower Foundation, we are dedicated to providing you with exceptional care and value at every stage of life. Your well-being is not just a priority—it’s our promise.

Keep Your Details Updated!

If you change your email address, cell phone number, or if your next of kin updates their contact details, please let us know by sending an email to info@flower.org.za. We regularly share important communication with our residents, and it’s essential to have accurate contact information on file. Occasionally, residents miss out on updates because their details in our system are outdated. Help us ensure you stay informed by keeping your information current!